

WE NEED YOUR SUPPORT SO WE CAN SUPPORT OTHERS



WHAT DO WE DO?

We provide specialist, trauma-informed counselling and group therapy for survivors of sexual abuse and sexual violence across Bristol, South Glos, BANES and North Somerset. We have been providing this essential service since 1996 and rely on donations, grant funding and fundraising.

WHAT CAN YOU DO?

Some easy ways you can get involved are:

1. Follow us on social media (@kinergycharity)
2. Make a donation or set up a monthly donation via our website
3. Hold a Facebook Birthday Fundraiser
4. Take on your own challenge or support us with one of our events
5. Join Give as You Live or Easyfundraising and raise donations just by shopping online by choosing 'Kinergy' as your cause

For more information and to discuss all things Fundraising email:
frankie.burrows@kinergy.org.uk



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